

Lidderdale Track & Field Invitational • April 16, 2016

Sandy Valley High School, Magnolia, Ohio

The annual Sandy Valley Lidderdale Track and Field Invitational will be held Saturday, April 16, 2016. This will be the thirteenth running of the meet to honor long time coach, Ed Lidderdale.

The following high school teams will be competing at the Lidderdale Invitational this year: Canton South, Carrollton, East Canton, Fairless, Indian Valley, Newcomerstown, New Philadelphia, Sandy Valley, and Tusky Valley.

There will be a coaches meeting at 9:00am at the storage building at the south end of the home bleachers. Field events will begin at 9:30am, with the running preliminaries starting at 10:30am. Running event finals will begin following a short break after the preliminaries.

Please submit entries at Baumspage.com by 11:00pm on Thursday, April 14. Last minute scratches/replacements can be made Saturday morning at the coaches meeting but we are leaving the window open until Thursday night in an attempt to minimize the need for scratches/replacements. Field event scratches/replacements can be made at the event. We will use relay cards for relays. **All replacements must be made from athletes already entered on the roster on baumspage.**

Admission to the meet: \$6.00 for adults, \$4.00 for students. The concession stand will be open and invitational tee shirts will be available for purchase. Awards will be presented approximately twenty minutes after the last race.



FIELD EVENTS - 9:30am

- **Discus** (girls followed by boys)
- **Shot Put** (boys followed by girls)
- **Pole Vault** (girls followed by boys)
- **High Jump** (boys followed by girls)
- **Long Jump** (girls followed by boys)

Please note: The Long Jump, Shot Put and Discus will be contested in flights with top 7 returning for finals.

PRELIMINARIES - 10:30am

(We will be using a fully automatic timing system. The six fastest times will qualify to the finals.)

- **100m Hurdles** - Girls
- **110m Hurdles** - Boys
- **4x800m Relay** - Girls (final)
- **100m Dash** - Girls
- **100m Dash** - Boys
- **4x800m Relay** - Boys (final)
- **200m Dash** - Girls
- **200m Dash** - Boys

FINALS

Girls then Boys unless otherwise noted

- **100m Hurdles** - (final 1 heat girls)
- **110m Hurdles** - (final 1 heat boys)
- **100m Dash** - Coed Wheelchair
- **100m Dash** - (final 1 heat each)
- **4x200m Relay** - (2 heats each)
- **1600m Run** - (alleys)
- **4x100m Relay** - (2 heats each)
- **400m Dash** - Coed Wheelchair
- **400m Dash** - (3 heats each)
- **300m Hurdles** - (3 heats each)
- **800m Run** - Coed Wheelchair
- **800m Run** - (alleys)
- **200m Dash** - (final 1 heat each)
- **3200m Run** - (alleys)
- **4x400m Relay** - (2 heats each)

-- short break --